

Instructions for Qualatex® Space Alien

Labor: About 5 Minutes

Materials:

1 5" (13cm) "Space Alien" Lime Green Latex Balloon 79711
3 260Q Lime Green Latex Balloons 79696

Instructions:

1. Air inflate one 260Q balloon about $\frac{2}{3}$ full, and tie. Make two, 1" (2.54cm) pinch twists, then a 5" bubble for the "body." Make two more 1" pinch twists for "hips." Deflate the remaining balloon and tie.
2. For the Alien's "hands," inflate a second 260Q, leaving about 3" (7.6cm) uninflated, and tie. Make a 1" bubble, then a 2" (5cm) bubble. Wrap the knot around the base of the 2" bubble. Push the knot through the bubbles to secure.
3. Then, make two 1" pinch twists and arrange them on either side of the hands. Make two 7" (18cm) bubbles for "arms," then make another hand. Deflate any remaining balloon and tie.
4. Wrap the center of the arms around the pinch twists at the top of the body.
5. For the Alien's "feet," inflate the third 260Q, leaving about 3" uninflated, and tie. Make a 1" pinch twist at the end, then make a 1" loop twist.
6. Make two 7" bubbles for the "legs," then another 1" loop and 1" pinch twist. Deflate any remaining balloon and tie.
7. Wrap the center of the legs around the pinch twists at the hips.
8. Fully inflate the 5" balloon and tie. Wrap the knot into the pinch twists at the top of the body.



Alien recreated from an original design by David Grist, CBA, of Rainbow Balloons in Workop, England.

Pinch Twist

To make a pinch twist, create a 1" (2.5cm) bubble where you need the pinch twist. To make a 1" bubble, pinch the balloon and twist it several times. Move an inch further and make another twist, making sure to twist in the same direction both times. Loop your index finger under the bubble. Grasp the sides of the bubble with your thumb and third finger, and stretch it up until you can pinch its ends together. Remove your index finger, and twist the pinched bubble at least three times in one direction to secure it.

Loop Twist

To make a loop twist, hold the 260Q in your left hand with the uninflated end pointing right. Make a 2" (5cm) bubble at the end of the balloon. Sharply bend the balloon to make a loop, and twist the balloon at the opposite end of the loop so the two halves are equal in length. The size of the loop is measured from the twist at its base to its outer top edge.



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